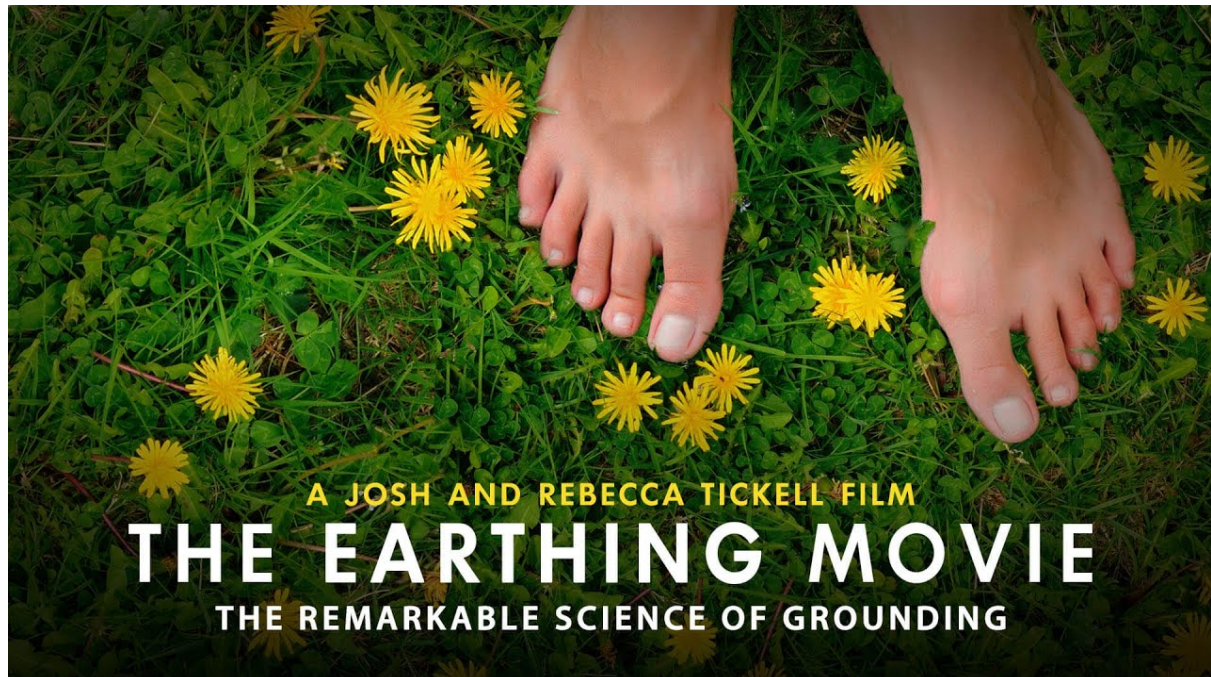


The Earthing Movie:

The Remarkable Science of Grounding

By Josh and Rebecca Tickell

Starring Clint Ober, Deepak Chopra, Amy Smart and Mariel Hemingway



"The Earthing Movie: The Remarkable Science of Grounding" is a feature-length documentary directed by Sundance Award-Winning filmmakers Josh and Rebecca Tickell (The Big Fix, FUEL, etc) based on their viral short film entitled 'Down To Earth.' The film reveals the scientific phenomenon of how we can heal our bodies by doing the simplest thing that a person can do...standing barefoot on the earth.

Over 20 peer-reviewed studies have shown that Grounding (Earthing) reduces inflammation...one of the most damaging internal biological processes that leads to chronic disease. So get out there and put your feet on the ground, and/or increase your grounding time indoors with grounding products. Your body and mind will thank you!

[Watch it here](#)