

# The Swimmers

By Sally El-Hosaini



*The Swimmers* is a new Netflix movie that tells the inspirational journey of teenage sisters Yusra and Sara Mardini. Based on a true story and directed by Sally El-Hosaini, the film stars Lebanese actress Manal Issa and her real-life sister Nathalie Issa as Sara and Yusra. It shows how the pair fled the Syrian civil war in 2015 and helped save the lives of their fellow refugees while doing so. Amazingly, just a year after their perilous journey, Yusra competed in swimming events at the 2016 Rio Olympics as part of the Refugee Olympic team.

[Watch it here](#)